

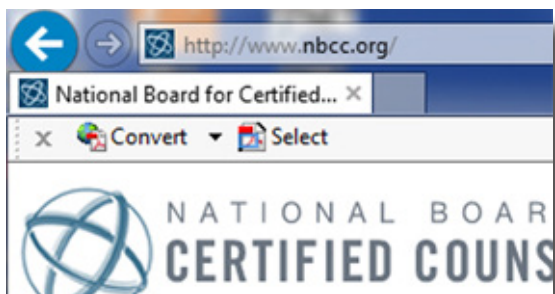


THE NATIONAL CERTIFIED COUNSELOR

THE OFFICIAL NEWSLETTER OF THE NATIONAL BOARD FOR CERTIFIED COUNSELORS

NBCC Announces New Web Site and Online Application Process

The National Board for Certified Counselors (NBCC) is pleased to announce the upcoming launch of its brand-new Web site and online certification application. The new user-friendly site was designed for ease of navigation so that National Certified Counselors (NCCs), applicants and the public can quickly find the information they need. Online applications



and recertification make it simpler and more convenient than ever to apply for and maintain national certification. The site also features NBCC's new online store and a job bank for counselors and employers.

The new online application walks applicants through the process step by step, ensuring that they choose the right application for them and don't overlook any requirements. The new online application is also great for existing NCCs who have been thinking about applying for a specialty certification in the area of school counseling, clinical mental health or addictions.

As an NCC, you can view your certification status at a glance. Annual maintenance and recertification are also streamlined. You can conveniently pay online and attest to adhering to the NBCC *Code of Ethics*. You can even log your continuing education clock hours online and upload your documentation, making it easy to keep track so you are prepared to recertify—which you can also do completely online!

NBCC's new online store allows convenient ordering for both current NCCs and prospective applicants. You can order duplicate certificates, score verifications, promotional and informational materials, examination preparation guides, and more.

With NBCC's new job bank, you can browse postings and apply for counselor positions with top employers around the country. Or, upload your curriculum vitae and let the job offers come to you!

The new site will launch later this summer, at www.nbcc.org.

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2013 Professional Identity Awards Announced

On March 15, 2014, Dr. Joseph Wehrman, Chair of the National Board for Certified Counselors (NBCC) Board of Directors, announced the recipients of the 2013 Professional Identity Awards. This national award recognizes programs for exemplary work in counselor preparation, commitment to professional identity and faculty participation as National Certified Counselors (NCCs). Each program will receive a commemorative plaque and \$5,000 to aid in its continued efforts to educate professional counselors.

This year's award recipients are the counseling and human services program at Syracuse University and the counselor education program of Florida International University.

NBCC created the award in 2009 to celebrate the programs and faculty preparing the world's future mental health and school counselors. To date, 15 schools have received a total of \$63,000.

NBCC upholds rigorous standards for the counseling profession and wants to support programs and faculty that exceed these standards. The recipients of this award exemplify the highest training standards in the profession. Both of the university counselor education programs have tracks that are accredited by the Council for Accreditation of Counseling & Related Educational Programs (CACREP).

NBCC congratulates these programs on promoting professionalism in counseling. NBCC plans to continue offering this award to bolster counselor education programs. The 2014 call for nominations will be in the fall. Please contact nbcc@nbcc.org for more information.

NCC NETWORK

Lynne Rice Westbrook, NCC, LPC, of Atlanta, Georgia, recently published *Community and In-Home Behavioral Health Treatment* (Routledge Publishing, June 2014) as a textbook and professional reference dedicated to examining how providing services in the consumer's community allows children, youth, adults and families to receive treatment they may not be able to access otherwise and to stay together in their own community. This book provides a detailed map of the benefits and challenges of community and home-based service provision, as well as proposed solutions to those challenges.

Paige Valdiserri, NCC, LPC, of Tucson, Arizona, recently published *Messages from the Edge: Paigeisms for Transformational Healing*, which addresses challenges inherent in every life—from trauma, health issues, uncertainty and loss, to everyday stressors and the ongoing journey of self-growth and reflection—with Paigeisms, affirmations so-named by the author's clients. It is intended to be a book to ponder, contemplate and peel away the layers, with each new reading bringing a deeper insight and perspective into oneself. It is a reminder to everyone that they are not alone. This book can be ordered through Amazon.com or BarnesandNoble.com.

REMEMBER!

Anytime your contact information changes, be sure to e-mail certification@nbcc.org with an update. Use the subject line **"Updated contact information"** and include your full name, NBCC ID number and the updated contact information in the body of your e-mail.



SHARE YOUR NEWS!

If you would like to submit an item for NCC Network, refer to the guidelines and deadlines on our Web site.

www.nbcc.org/Newsletter/Submissions

TPC in Brief

The Professional Counselor (TPC) is the peer-reviewed academic journal of NBCC. *TPC* publishes articles on various topics for counseling professionals in diverse settings. At <http://TPCjournal.nbcc.org>, readers can access journal articles, digests, and reviews of counseling books and videos.

LATEST ARTICLES

Volume 4, Issue 2

Special Issue

Counseling the Military and Their Families

- **Counselors and the Military: When Protocol and Ethics Conflict**
Elizabeth A. Prosek, Jessica M. Holm
- **Revolving Doors: The Impact of Multiple School Transitions on Military Children**
S. Beth Ruff, Michael A. Keim
- **Wounded Warriors With PTSD: A Compilation of Best Practices and Technology in Treatment**
Mary Alice Fernandez, Melissa Short
- **The Implications of Attachment Theory for Military Wives: Effects During a Post-Deployment Period**
Kristin A. Vincenzes, Laura Haddock, Gregory Hickman
- **Assessing the Career-Development Needs of Student Veterans: A Proposal for Career Interventions**
Seth Hayden, Kathy Ledwith, Shengli Dong, Mary Buzzetta
- **Military Veterans' Midlife Career Transition and Life Satisfaction**
Heather C. Robertson, Pamela E. Brott
- **Using a Cognitive Information Processing Approach to Group Career Counseling With Visually Impaired Veterans**
Lauren K. Osborne

Volume 4, Issue 3

Special Issue

Counseling and the *DSM-5*

- **Back to Basics: Using the *DSM-5* to Benefit Clients**
Matthew R. Buckley
- **Historical Underpinnings, Structural Alterations and Philosophical Changes: Counseling Practice Implications of the *DSM-5***
Stephanie F. Dailey, Carman S. Gill, Shannon L. Karl, Casey A. Barrio Minton
- ***DSM-5* Conceptual Changes: Innovations, Limitations and Clinical Implications**
Gary G. Gintner
- **The Removal of the Multiaxial System in the *DSM-5*: Implications and Practice Suggestions for Counselors**
Victoria E. Kress, Casey A. Barrio Minton, Nicole A. Adamson, Matthew J. Paylo, Verl Pope
- **Clinical Application of the *DSM-5* in Private Counseling Practice**
Jason H. King
- **Evaluating Emerging Measures in the *DSM-5* for Counseling Practice**
Erika L. Schmit, Richard S. Balkin
- **Revising Diagnoses for Clients with Chronic Mental Health Issues: Implications of the *DSM-5***
Laura E. Welfare, Ryan M. Cook

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TPC Announces Upcoming Special Issues

Special Issue: Counseling and the *DSM-5*

With the assistance of guest editor Dr. Matthew R. Buckley, *TPC* will publish a special issue on the fifth edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-5)* in July 2014 to commemorate the one-year anniversary of the American Psychiatric Association's release of the updated manual.

Special Issue: Counseling Children With Special Needs

E. Franc Hudspeth will serve as guest editor for this upcoming special issue. Dr. Hudspeth is the director of the Institute for Play Therapy at Henderson State University and has served in numerous editorial roles, including his current position as the editor of the *International Journal of Play Therapy*. Submissions are due September 30, 2014.

Visit <http://TPCjournal.nbcc.org> for submission guidelines. For more information, please e-mail TPCjournal@nbcc.org.



The Professional Counselor

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TPC in Brief

- **The Expansion and Clarification of Feeding and Eating Disorders in the *DSM-5***
Maureen C. Kenny, Mérode Ward-Lichterman, Mona H. Abdelmonem
- **Trauma Redefined in the *DSM-5*: Rationale and Implications for Counseling Practice**
Laura K. Jones, Jenny L. Cureton
- ***DSM-5*: A Commentary on Integrating Multicultural and Strength-Based Considerations into Counseling Training and Practice**
Saundra M. Tomlinson-Clarke, Colleen M. Georges
- ***DSM*, Psychotherapy, Counseling and the Medicalization of Mental Illness: A Commentary from Allen Frances**
Allen Frances

LATEST BOOK REVIEWS

- ***A Counselor's Introduction to Neuroscience* by Bill McHenry, Angela M. Sikorski and Jim McHenry**
Reviewed by Tara Smart and John Sommers-Flanagan
- ***Thinking Like a Therapist: A Novel Overview of Psychotherapy* by Michael Bloom**
Reviewed by Joseph M. Graham Jr.

LATEST VIDEO REVIEWS

- ***Psychoanalytic Psychotherapy with Otto Kernberg***
Reviewed by Nicole Berry

APPROVED CONTINUING EDUCATION UPDATE



Newly Approved Continuing Education Providers

Advanced Education Institute (AEI); #6657; Redding, CA; www.AEI4you.com

Advantage Behavioral Health Systems, Inc; #6658; Athens, GA; advantagebhs.org

Delaware Guidance Services for Children and Youth, Inc; #6655; Wilmington, DE www.delawareguidance.org

Dynamic Workforce Solutions (Dynamic Works Institute); #6648; Waukesha, WI; www.dynamic-works.us

Eclectic Cognitive Behavioral Center; #6652; Baton Rouge, LA; www.eclecticcbc.net

Georgia Regents University—Department of Counselor Education, Leadership and Research; #4590; Augusta, GA; www.gru.edu

Gundersen Lutheran Medical Center, Inc.; #6654; La Crosse, WI; www.gundersenhealth.org

Kansas State University—Department of Special Education, Counseling and Student Affairs; #4591; Manhattan, KS; www.coe.ksu.edu

Marina Williams, LMHC; #6653; Hyde Park, MA; <http://counselingwithmarina.com>

National Center for Child Traumatic Stress; #6647; Los Angeles, CA; www.nctsn.org

Philadelphia School of Psychoanalysis; #6637; Philadelphia, PA; www.psptraining.com

South University Richmond - Clinical Mental Health Counseling; #4589; Glen Allen, VA; www.southuniversity.edu/richmond

The New England Art Therapy Association; #6646; Somerville, MA; www.neata.us

The Society for the Advancement of Sexual Health (SASH); #6649; Royston, GA; www.sash.net

True Hope Counseling, LLC; #6650; Marked Tree, AR; www.truehopecounseling.org

CE Providers Not Renewing

The continuing education providers listed below have either informed NBCC that they will not be renewing their NBCC Approved Continuing Education Provider (ACEP) status or have not completed the update or renewal process. Providers interested in reinstating their ACEP status should e-mail continuinged@nbcc.org.

Alabama Department of Mental Health; #5113

Anderson and Luna; #5605

Association for the Advancement of Psychosynthesis (AAP); #6403

Atlanta Divorce Mediators, Inc./Justice Center of Atlanta, Inc.; #6043

Bruce J. Spencer, Ph.D.; #6523

Bryan Consulting and Training, Inc. (BCT); #6467

Calvert Hospice; #6364

Catherine L. Waltz, Ph.D., LCSW; #6550

Central Piedmont Community College; #5252

CEU-USA.com/Thomas O. Whitehead; #6262

Clear View Psychological Services; #6322

Connecticut Dept. of Social Services, Bureau of Rehabilitation Services; #6236

Foundations Recovery Network; #5954

Gentle Reprocessing Resources LLC; #6509

Institute of Neuro-Semantics; #5724

International Association for Counselling; #1100

Jim Patterson, Ph.D.; #5869

John Snow, Inc. (JSI); #6431

Johnson County Community College (JCCC); #5037

KVC Behavioral Healthcare; #6112

Lakeland Behavioral Health System; #5491

Louisiana Association for Marriage and Family Therapy (LAMFT); #6160

Michigan Public Health Institute; #6455

Mid-Atlantic Addiction Technology Transfer Center (Mid-Atlantic ATTC); #6063

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NBCC Grant Initiative Application Period a Success

The National Board for Certified Counselors and Affiliates (NBCC) recently launched a new assistance initiative for regionally accredited institutions with master's-level counseling programs that are seeking initial accreditation from the Council for Accreditation of Counseling & Related Educational Programs (CACREP). The grant application period began February 1 and closed May 15. The funding schedule is based on the CACREP accreditation steps and includes three phases: the preapplication phase, with a \$2,500 award; the application phase, with a \$2,500 award; and the site visit phase, with a \$4,000 award.

Programs already participating in the NCC application option for students received notification about the grant and an invitation to apply. NBCC also promoted the grant opportunity at the recent American Counseling Association conference in Hawaii and on NBCC's Facebook page and Web site.

The response has been enthusiastic, with a total of 59 applications from a wide variety of public, private and for-profit institutions, including programs in 34 states and the District of Columbia. An application review panel will assess the applications, and NBCC will award 15 grants this first year. NBCC is proud to offer this opportunity to assist programs in obtaining this important accreditation.

TPC Offers Continuing Education for NCCs

The Professional Counselor (TPC), the peer-reviewed academic journal of the National Board for Certified Counselors (NBCC), will soon offer continuing education (CE) clock hours for select articles through i-counseling. The articles selected for CE credit will cover a range of topics and appear in both the regularly scheduled and special issues.

To take advantage of this offer, read the selected articles at <http://TPCjournal.nbcc.org> and follow the links to the assessments at www.i-counseling.net.

TPC Wins 2014 APEX Award

From nearly 2,100 total entries, *The Professional Counselor (TPC)* was selected as a winner in the 26th annual APEX Awards. *TPC* received an Award of Excellence in the Magazines and Journals—Electronic category. For the second year in a row, *TPC* is proud to receive this honor and recognition for its dedication to publication innovation and excellence.

The APEX Awards are an annual competition distinguishing excellence in publications work among communications professionals. The awards are based on merit in graphic design, editorial content and overall communications.

TPC is the peer-reviewed academic journal of NBCC. For more information, visit <http://tpcjournal.nbcc.org>.



Voluntary Audits

The NCCs listed below have completed and documented a minimum of 130 hours of continuing education activities in the five-year certification cycle. By doing so, they have demonstrated a dedication to excellence and professionalism.

NBCC congratulates these outstanding NCCs.

William Cannon —Nashville, TN
Matthew Coleman—Lincoln, RI
Laura Hodges—Richardson, TX
Barbara Kaplan—Charlotte, NC
Hollis Nemiroff—Yardley, PA

NBCC GOVERNMENT AFFAIRS UPDATE



As the August recess approaches, Congress is moving steadily through the appropriations process. Both chambers have completed action on four bills and the House passed an additional two. The remaining bills will take up much of the available floor time.

However, recent events are also consuming congressional attention. The rise of militants in Iraq and the loss of e-mails relating to the IRS scrutiny of tea party organizations have been the focus of several hearings. Additionally, the Department of Veterans Affairs (VA) is under increasing pressure from Congress as reports of misconduct and mismanagement accelerate.

Since November 2013, the media has been investigating and publishing reports of unnecessary veteran deaths at VA hospitals. On April 23, details emerged of a secret waiting list in Phoenix and allegations of 40 veterans dying while waiting for care. This was followed by the Office of the Inspector General (OIG) releasing an interim report confirming multiple waiting lists and gross mismanagement at the Phoenix VA on May 28. Within two days of the OIG report's release, VA Secretary Eric Shinseki resigned.

The problem grew worse in June when VA's internal audit of scheduling practices at its health facilities nationwide revealed that more than 57,000 veterans have been waiting 90 days or more for their first VA appointments and that the range of wait times for new patient mental health visits vary from 16.6 days to 104.42 days. The U.S. Office of Special Counsel soon after released a report that cited canceled appointments with no follow-up, contaminated drinking water, and improper handling of surgical equipment and supplies.

Veterans

While the VA struggles to defend itself against multiple reports of gross mismanagement, NBCC is pushing to make access to mental health services, and by extension counselors, part of the debate. In one success, Sen. Bernie Sanders (I-VT) introduced an omnibus bill, S. 2413, to address the growing

VA crisis, which included our provision to mandate counselor participation in the Health Professionals Trainee Program. The trainee program is the VA's flagship recruitment program for mental health professionals. Sen. Sanders shepherded similar legislation with our language through the VA committee in November 2013. Sen. John McCain (R-AZ) introduced competing legislation (S. 2424) and the two compromised to develop a proposal (S. 2450) that both parties could accept. Unfortunately, our trainee provision was not included in the negotiated legislation. The House passed similar legislation and the two chambers are reconciling the bills in a joint committee.

NBCC is also pursuing the trainee issue through appropriations legislation and direct contact with the VA. The fiscal year (FY) 2014 report from the Appropriations Committee's Subcommittee on Military Construction, Veterans Affairs and Related Agencies urged the VA to add counselors to the program and required a report within 90 days. The VA submitted a report stating that 195 counselors and marriage and family therapists have been hired since 2010 and that the VA is creating a pilot program to add counselors to the trainee program. NBCC is dissatisfied with the incremental approach to full integration shown in the low employment numbers and the pilot program. NBCC and our coalition partners will continue to share our concerns with VA staff and Congress in efforts to accelerate the process.

Medicare

Legislation recognizing counselors as Medicare providers continues to build momentum. In May, Sens. Al Franken (D-MN), Pat Roberts (R-KS), Tom Harkin (D-IA) and John Barrasso (R-WY) introduced the Craig Thomas Rural Hospital and Provider Equity Act, S. 2359, which contains our Medicare provision. The bill is a compilation of proposals designed to increase access to health care in rural areas and is sponsored by the senate rural health care caucus.

Additionally, our language was included in the Strengthening Mental Health in Our Communities Act

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of 2014, H. R. 4574, introduced by Rep. Ron Barber (D-AZ). This is the Democratic mental health bill to address the recent tragic shootings and is cosponsored by 52 Democrats. The legislation is a counter to the Republicans' mental health proposal, H.R. 3717, introduced by Rep. Tim Murphy (R-PA). The competing bills lack common provisions, making it unlikely the House will reach a compromise on mental health legislation.

OPM Occupational Series

In May, the U.S. Office of Personnel Management (OPM) informed NBCC that it has indefinitely postponed the creation of a federal occupational series for professional counselors. NBCC had been working with OPM on an occupational series for over a year and was surprised by the message.

An occupational series is an important tool for government employment that establishes the title and minimum qualifications for federal employees and authorizes employment across the federal agencies. While individual agencies can create job classifications that allow for employment—as exhibited by the VA—a series is necessary to ensure uniformity across the federal system and to ensure counselors are employed in positions that reflect their education, training and scope of practice.

On June 9, 2014, Sen. Jon Tester (D-MT), a longtime ally of the counseling profession, submitted a letter to the director of OPM, urging the creation of an occupational series for mental health counselors. Sen. Tester is the chair of the Subcommittee on the Efficiency and Effectiveness of Federal Programs and the Federal Workforce, of the Homeland Security and Government Affairs Committee, which has jurisdiction over OPM.

Sen. Tester's letter highlights the importance and urgency of this issue, saying, "This is an increasingly critical issue, given the severe nationwide shortage of mental health workers, particularly in the VA, and considering that these professions comprise 40 percent of the total mental health workforce nationwide." He

further notes that the "absence of designation inhibits employment, promotion and portability of these professionals across the federal government."

NBCC has been pursuing an occupational series for counselors since 2007. In 2009, after passage of legislation recognizing counselors as VA providers, and at NBCC's urging, the VA requested that OPM create a series for the profession. While the VA can hire counselors in the absence of a series, these counselors cannot transfer to similar jobs in other federal agencies. With the OPM decision to discontinue the process, NBCC is forced to go back to Congress to increase pressure.

Minority Fellowship Program

NBCC's lobbying was successful in helping to increase federal funding for counselors. The FY 2014 omnibus appropriations bill provided an expansion of the Minority Fellowship Program (MFP), doubling the allocation from \$5 million to over \$10 million. In spring, the Substance Abuse and Mental Health Services Administration (SAMHSA) released the MFP program announcements, which included new grants for youth and addiction counselors. The funding levels for all professions are:

- Minority Fellowship Program grants—\$4,700,000
- Minority Fellowship Program-Youth grants—\$2,661,000
- Minority Fellowship Program-Addiction Counselors grants—\$1,600,000

The NBCC Foundation applied to administer the new grants for the counseling profession, as well as continue administration of the original grant.

Behavioral Health Workforce Education and Training for Professionals Program

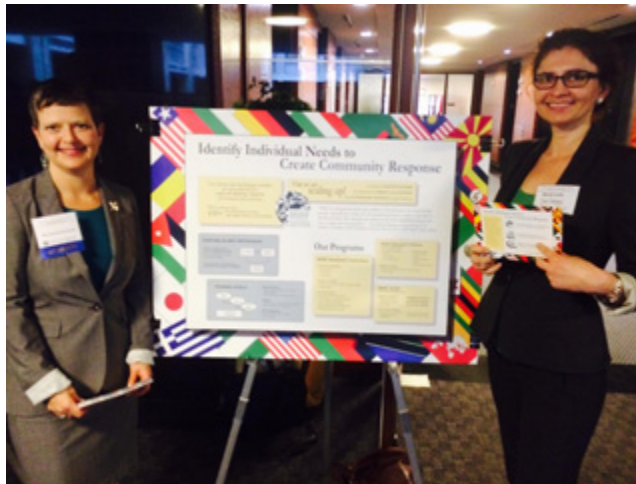
The FY 2014 omnibus also expanded a key workforce program to include counselors. The Behavioral Health Workforce Education and Training (BHWET) for Professionals grant program is administered by the Health Resources and Services Administration (HRSA) and aims to expand the mental health and substance

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NBCC International Presents at Institute of Medicine Forum

On May 1–2, 2014, NBCC International presented about the Mental Health Facilitator (MHF) program at a meeting of the Global Forum on Innovation in Health Professional Education, organized by the Institute of Medicine (IOM) of the National Academies in Washington, D.C. The meeting’s topic was “Scaling Up Best Practices in Community-Based Health Professional Education.”

Dr. Scott Hinkle, director of professional development for NBCC, addressed a multidisciplinary audience about the MHF as an example of spreading community-based innovations. Dr. Andreea Szilagyi, vice president of the European Board for Certified Counselors,



Dr. Wendi Schweiger (L) and Dr. Andreea Szilagyi (R) during the poster session.

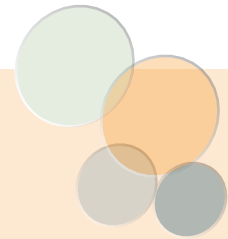
addressed a live and online audience about the implications of the MHF program in Romania. In addition, Dr. Wendi Schweiger, vice president of NBCC-I, led a poster presentation about the MHF program.

The MHF program is designed to train laypeople, paraprofessionals and professionals outside of mental health in fundamental mental health concepts and skills. Although originally conceptualized as an international program, the MHF has recently seen a growth of interest and partnerships within the United States. NBCC International created and administrates the MHF program.

NBCC is a sponsor of the IOM forum and regularly takes part in its meetings. NBCC-I has already responded to several interested forum members’ inquiries about the MHF.

More information about the meeting and videos of the MHF presentations are available at www.iom.edu/Activities/Global/InnovationHealthProfEducation/2014-MAY-01.

Therapy Directory Offer Still Available!



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information on
the Therapy
Directory or a
subscription to
the magazine!

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today!

MHF Update: New Curricula and Web Site Coming Soon

NBCC International (NBCC-I) is pleased to announce the development of two new curricula and a Web site for the Mental Health Facilitator (MHF) program.

NBCC-I developed the MHF-Educator's Edition (MHF-EE) in response to international recognition of the need for a school-specific version of the MHF curriculum. This curriculum is designed to help teachers, administrators and school support staff members meet mental health needs in school communities with basic listening, helping and referral skills. It also includes special topics in education, such as bullying, gangs and violence; child maltreatment; and challenging behaviors and disorders in the classroom. Public schools in the United States are currently piloting the MHF-EE.



The MHF-ASAP! curriculum is for people interested in community mental health education but with limited time for training. This abridged curriculum instructs participants in core competencies from the standard MHF curriculum during one day of training, optimizing time and impact for aspiring MHFs and the communities they serve.



Participants in the MHF-EE and MHF-ASAP! trainings join a voluntary registry with other MHFs and become a valuable part of the MHF program's mission to reduce the care-need gap in mental health worldwide.

To provide information about these new curricula and training opportunities, NBCC International will soon launch an all-new MHF Web site. The site will feature an exciting new look to engage current and future MHFs, program partners and the broader MHF training community. NBCC International looks forward to continuing MHF program expansion—in person, in print and on the Web.

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APPROVED CONTINUING EDUCATION UPDATE

CE Providers Not Renewing

PACE Seminars; #6203

Pine Belt Mental Healthcare Resources; #6299

Psychological Services; #5765

Remuda Ranch Center for Anorexia & Bulimia, Inc.; #6152

Rowan University Counseling in Educational Settings Program; #4566

Sexual Assault Center; #6317

Simmons School of Social Work; #6426

Southwest Prevention Center, University of Oklahoma; #6329

Spaulding for Children; #6398

State University of New York (SUNY) at New Paltz; #4545

The Center for the Professional Development & Continuing Education for Counselors; #6438

The Innovative Way, LLC: Creative Solutions for Helping Professionals; #6540

The Refuge, A Healing Place; #6456

The Upside Down Organization; #6514

Trauma Resource Institute; #6349

Troy University-Panama City/Tyndall AFB; #4552

University of Nevada, Las Vegas (UNLV)—Department of Educational & Clinical Studies; #3012

Wake County Human Services; #6468

Wayne E. Oates Institute; #5918

We Are Mosaics, LLC; #6505

YKHC Behavioral Health, Education and Training Department; #6306

The following organizations are NBCC Approved Continuing Education Providers (ACEPs) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. Continuing education approval or advertisement does not imply NBCC endorsement of any product, method or theory of counseling.

APA INDEPENDENT STUDY PROGRAM



The APA Office of Continuing Education in Psychology offers over 60 CE courses in its **APA Online Academy** to meet your needs.

These best-selling courses offer:

- multimedia presentations
- interactive and downloadable PowerPoint slides
- progress quizzes
- printable CE certificates

APA Online Academy courses include:

- *Bipolar Disorder in Children and Adolescents* (6 CE clock hours)
- *Problem-Solving Therapy for Depression* (3 CE clock hours)
- *Motivational Interviewing* (2 CE clock hours)

Courses can be taken anywhere with Internet access and are iPhone/iPad compatible!

* The APA Office of Continuing Education in Psychology is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.

To purchase, visit: <http://advance.captus.com/apa>.
www.apa.org/ed/ce • 800-374-2721, ext. 5991 (option 3)



Photo: Las Vegas News Bureau

4TH ANNUAL LIFESTYLE INTERVENTION NATIONAL CONFERENCE

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Keynote Speakers

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Thomas Broffman Ralph Carson CC Nuckols

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Call **800.508.1489** or Visit us Online LifestyleIntervention.org

Congratulations to the 2014 Military, Minority and Rural Scholarship Recipients

Military Scholarship Recipients



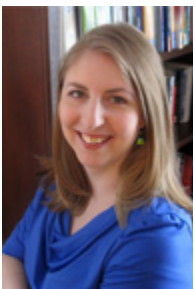
Michelle Adams

Michelle Adams is a graduate of both Evangel University and Columbia College and is pursuing a master's degree in pastoral counseling from Loyola University Maryland–Columbia. She is currently interning as a counselor at the Family Life Ministry Center at Fort George G. Meade, serving all branches of the military, veterans and families. Ms. Adams and her husband, a U.S. Army officer, also launched the Front Line Military Family ministry at Cornerstone Church, in Bowie, Maryland. After graduation, she plans to continue serving military families, couples and youth.



Maria Cicio

Maria Cicio is a graduate of Rutgers University and is pursuing a master's degree in clinical mental health counseling at Loyola University New Orleans. She served seven years with the U.S. Air Force as an electronic warfare officer. Upon graduation, Ms. Cicio plans to continue her service to the military community by working directly with veterans suffering from post-traumatic stress disorder (PTSD) and military sexual trauma.



Joy McCrady

Joy McCrady is a graduate of Elon University and is pursuing a master's degree in pastoral counseling from Loyola University Maryland–Columbia. After her husband was injured in Iraq while serving as a combat medic in the Army, she felt a calling to become a counselor to serve the U.S. military, veterans and their families. She serves as the emerging professionals and scholars representative for the Atlantic region of the American Association of Pastoral Counselors. After graduation, she would like to serve veterans and families who are coping with post-traumatic stress and transitioning to civilian life.



Onyema Okorie

Onyema Godwin Okorie is a graduate of Seat of Wisdom Seminary and is pursuing a master's degree in mental health counseling with Capella University. Capt. Okorie is currently serving as a military chaplain in the U.S. Air Force and is stationed at Kadena Air Base on the island of Okinawa, Japan. He is the assigned chaplain to his installation's medical facility, a responsibility that includes serving as the chaplain-representative to the Victim Witness Assistance Program, Sexual Assault Response Team and Traumatic Stress Response Team. Capt. Okorie is a veteran of multiple deployments to Operation Enduring Freedom (Afghanistan) and Operation Iraqi Freedom.

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Elizabeth Sherr

Elizabeth Sherr is a graduate of the University of Mary Hardin-Baylor, has a master's degree in diplomacy from Norwich University, and is currently pursuing a master's degree in counseling from Regis University. Ms. Sherr retired from the U.S. Army in 2012 at the rank of major after a 20-year career. She is an Operation Iraqi Freedom veteran and a disabled veteran. Ms. Sherr has a particular interest in military sexual trauma, and plans to facilitate groups geared toward survivors and their families throughout the military. She currently volunteers her time as an advocate for military sexual trauma victims and survivors. She is actively involved as a leader in the Army Family Readiness Group that supports her husband's unit.



Derek Smith

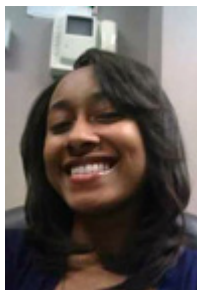
Derek Smith received his bachelor's degree from the University of West Georgia, a master's degree in divinity from Southwestern Baptist Theological Seminary, a Doctor of Ministry from New Orleans Baptist Theological Seminary, and is currently pursuing a master's degree in clinical mental health at Jacksonville State University. Maj. Smith is a chaplain and has been in the Alabama National Guard since 2006. He was deployed to Kuwait in 2009 in support of Operation Iraqi Freedom. He has served on active duty with the Alabama Pre-mobilization Training Assistance Element at Fort McClellan since 2010 and is currently assigned to the 31st Chemical, Biological, Radiological and Nuclear Brigade. After graduation, he plans to remain in the Alabama National Guard and become a licensed professional counselor.

Minority Scholarship Recipients



Khadijah Bradford

Khadijah Bradford is a graduate of Chicago State University and is currently pursuing a master's degree in school counseling at Governors State University. Ms. Bradford works as the vocational job coach with Thornton Township High Schools District 205. She primarily works with students with varying abilities, both physical and cognitive, helping them learn valuable work and life skills. Her goal is to prepare her students to be productive and self-sustaining members of society. Ms. Bradford looks forward to completing her degree and working with at-risk students and their families to decrease the achievement gap and promote academic excellence.



Desiree Godfrey

Desiree Godfrey is a graduate of Louisiana State University and is pursuing a master's degree in marriage and family counseling at Southeastern Louisiana University. She was first inspired to work with children and families by her experiences working as a crisis counselor and as a volunteer children's bereavement counselor at the Baton Rouge Crisis Intervention Center. After graduation, Ms. Godfrey hopes to continue to support families in crisis management.



Jennifer Miller

Jennifer Miller is a graduate of the University of Northern Colorado and is pursuing a master's degree in counseling from Regis University. She is currently an intern at The GLBT Community Center of Colorado and a group facilitator for The Eating Disorder Foundation, in Denver. In addition to continued involvement with both organizations after graduation, Ms. Miller intends to work with individuals and couples in private practice.

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NBCC FOUNDATION NEWS

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Natasha Moharter

Natasha Moharter is both a student and graduate of the University of New Mexico (UNM), where she is pursuing a master's degree in clinical mental health counseling. She is also an active member of the UNM chapter of Chi Sigma Iota, the international counseling honor society. Ms. Moharter is a McNair scholar, and she recently worked for the McNair scholars program and research opportunity program at UNM as a graduate project assistant. In this position, she helped first generation, low-income and minority college students prepare to pursue a graduate degree. Ms. Moharter's goals are to obtain a doctorate in counselor education and supervision and to provide counseling services to her community.



Kim Singh

Kim Singh is a graduate of Ohio State University and is pursuing her master's degree in clinical mental health counseling at Xavier University, in Cincinnati. Following graduation, she plans to work at A Sound Mind Counseling as a licensed counselor, working with primarily minority populations. Ms. Singh currently works for Hamilton County Developmental Disabilities Services as a service facilitator, assisting individuals of all ages with a wide range of disabilities and co-occurring mental health concerns. She has always had a passion for advocacy and was raised to value service to others. She hopes to continue her work with minority populations and to expand her opportunities to educate people on the importance of diversity and racial identity.

Rural Scholarship Recipients



Sheena Freeman

A graduate of East Carolina University, Sheena Mills Freeman is enrolled in the master's program at Walden University for mental health counseling. Ms. Freeman is pursuing her passion of helping others live fully productive lives to the best of their capabilities. She works with Eastpointe Managed Care Organization as an intellectual developmental disabilities care coordinator, arranging Medicaid services for individuals in need of skills to become more independent in their daily lives. Upon graduation, she plans on giving back to her rural community of Enfield, North Carolina, by providing services to promote mental health.



Courtney Koch

Courtney Koch is a graduate of Northwest Missouri State University and is currently pursuing a master's degree in professional counseling with an emphasis in mental health from MidAmerica Nazarene University. Ms. Koch currently serves as a counseling intern for her alma mater's Personal Development and Counseling Services and at Comprehensive Counseling Solutions, in St. Joseph, Missouri. Having grown up in suburban northern California, she has developed a passion for helping the underserved since moving to rural Missouri. Ms. Koch has plans to serve her rural Missouri community upon graduation, to become a registered play therapist and to help those of all ages affected by trauma.

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Lucy Kyne

Lucy Kyne is a graduate of the University of California, Davis, and is pursuing a master's degree in counseling and a pupil and personnel services certificate from Sonoma State University. She resides in Willits, California, and has been an English teacher at Laytonville High School since 2001. She and her husband are committed to living and working in their rural community for many years to come. Ms. Kyne says, "I believe that, no matter the circumstances, every student deserves the opportunity to work toward a positive and joyful life path, and that persistence is the key."



Bonnie McClurd

Bonnie Odell Clare McClurd is a graduate of Kennesaw State University and is currently pursuing her master's degree in clinical mental health counseling at the University of North Georgia. Ms. McClurd lives in the rural community of Ellijay, Georgia. She has been employed in a private counseling practice since January of 2012 and, with supervision, cofacilitates group therapy for sexual offenders. Ms. McClurd is committed to counseling and is passionate about working with underserved populations. She plans to continue serving as a counselor in a rural location after graduating in order to provide access to counseling and treatment for underserved individuals, including ex-offenders and sexual offenders.



Collin Nordby

Collin Nordby is a graduate of Penn State Altoona and is currently obtaining a master's degree in clinical mental health counseling from Indiana University of Pennsylvania. During his time at Penn State Altoona, he received a chemical dependency and prevention counseling certificate. Mr. Nordby was born and raised in Elderton, Pennsylvania, and currently lives in Indiana, Pennsylvania. He plans to work in rural and underserved areas with underprivileged and at-risk adolescents. He will specifically address substance abuse, poverty and lack of availability of services. Eventually, Mr. Nordby would like to open a private practice, nonprofit organization or other program to help better serve this population.



Dorice Timko

Dorice Timko is a graduate of the University of Maine at Machias and is currently pursuing a master's degree in counseling from the University of Southern Maine. Over 10 years ago, she transplanted herself in Down East Maine and now resides in the rural coastal community of Jonesport. Ms. Timko provides therapeutic services to children with disabilities in their home and community as a state-certified behavioral health professional for MAS Home Care of Maine. She finds the work to be as rewarding as it is challenging and hopes to incorporate her experience with further training and knowledge to competently serve children as a counselor in the future.

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September 10, 2013 – December 31, 2013

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Third Annual Family First Campaign a Success

The NBCC Foundation engages all NBCC and Affiliates staff and Board members in an annual fundraising campaign called Family First. One hundred percent of the funds raised from this event go directly toward Foundation programs and enable us to expand scholarships and support for other capacity-building programs.

According to fundraising software developer Blackbaud, people prefer to donate to organizations whose staff members and volunteers are also donors.

This year, the Foundation was pleased to reach 90 percent staff participation and 100 percent Board member participation for NBCC, the NBCC Foundation, and the Center for Credentialing & Education.

Thank you, Family First campaign sponsors!

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The Foundation Celebrates Mental Health Awareness Month

Each May, the NBCC Foundation joins many other organizations to bring awareness to mental illness during Mental Health Awareness Month. According to the National Institute of Mental Health, mental disorders are common in the United States and internationally. An estimated 26.2 percent of Americans ages 18 and older—roughly one in four adults—suffer from a diagnosable mental disorder in a given year. This May, we asked our staff, scholars and NCCs how they were celebrating mental health month.

Dorice Timko, a 2014 Foundation rural scholarship recipient, asked clients to explore their own self-care and shared relaxation, breathing and other tension- and anxiety-reducing techniques with them. Ms. Timko says, “Self-care is a conscious decision and valuable practice for any person dealing with stress.”

NBCC Foundation Program Coordinator and National Certified Counselor Shahnaz Khawaja shared tips throughout the month of May via the Foundation’s social media to promote mental health in relation to family, work and self-care. Here are a few of those tips:

- **Are you taking the time to listen to your loved ones?** Put the cellphones away, turn off the television and really listen to them. Active listening skills are at the heart of communication. Listen without interrupting. Listen without thinking of how you will respond. Listen with the intent to understand what is really going on with the other person.
- **Do your coworkers seem stressed? Are they driving you up the wall?** Sometimes it is merely different work styles. Power struggles can wreak havoc in work situations. Remember, you are on the same team! Try giving up the power struggle and adopt a collaborative approach instead.
- **Are you sleep-deprived, overeating and stressed?** It’s time for self-care. Taking some time to attend to your own needs does not make you selfish. Pause during a stressful situation to simply take a few deep breaths. Really notice your body as you do so. Close your eyes and imagine your favorite vacation spot and mentally take a five-minute vacation there.

Which was your favorite tip? What did you do in May to recognize Mental Health Awareness Month? Share your thoughts and stories on our LinkedIn or Facebook pages, which you can find at www.nbccf.org.

Enter the NBCC Foundation’s Photo Contest



The theme of the NBCC Foundation’s second photo contest is “winter in July.” The entry period opens July 1 for active NCCs. Voting for photos begins July 15 and is open to the public.

Winning photos will appear on Foundation honor cards, which donors can use to acknowledge that a donation has been made in recognition of an individual. The Foundation is looking for winter holiday photos and encourages photos that represent its priority areas of military, minority and rural populations.

Visit www.facebook.com/NBCCFoundation/app_158086484245654 for more details.

NBCC Foundation Awards 22 Minority Fellowships

The NBCC Foundation is pleased to announce the 2014 fellowship recipients for the National Board for Certified Counselors Minority Fellowship Program (NBCC MFP). The goal of the program is to strengthen the infrastructure that engages diverse individuals in counseling and increases the number of professional counselors providing effective, culturally competent services to underserved minority populations. The Foundation will distribute \$440,000 to the 22 NBCC MFP Fellows to support their education and facilitate their service.

The Minority Fellowship Program Advisory Council (MFPAC), chaired by Dr. Sandra I. Lopez-Baez, selected the Fellows from more than 80 applicants. These Fellows meet the eligibility requirements of the program, including holding the National Certified Counselor (NCC) certification, being enrolled in a doctoral program accredited by the Council for Accreditation of Counseling & Related Educational Programs (CACREP), demonstrating knowledge of and experience with racially and ethnically diverse populations, and committing to provide mental health and substance abuse services to underserved minority populations. This second cohort of Fellows will work with Foundation staff, the MFPAC and mentors to achieve the goal of the program.

The 2014 Fellows are Earnest E. Airhia, Walden University; Susan Branco Alvarado, Virginia Polytechnic Institute and State University; La Vera C. Brown, North Carolina State University; Shanita Brown, North Carolina State University; Kristy Christopher-Holloway, Argosy University, Atlanta; Tahani Dari, University of Toledo; Melissa Deroche, University of New Orleans; Avis Garcia, University of Wyoming; Jennifer Gess, Idaho State University; Carlos Golfetto, Duquesne University; Maria Haiyasoso, University of Texas at San Antonio; Kurtis Hooks, Old Dominion University; Shana Lewis, Sam Houston State University; Kashunda McGriff, Governors State University; Leslie Neyland, University of Toledo; Dannette Patterson, Argosy University, Atlanta; Beronica M. Salazar, Idaho State University; Megan Speciale, University of New Mexico; Stacy Speedlin, University of Texas at San Antonio; Vincent Tompkins, Walden University; Cory Viehl, Georgia State University; and George Walker, Barry University.

The NBCC MFP is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA). NBCC contracted the Foundation to administer the MFP, including training and collaboration activities that are open to all NCCs.

The Foundation plans to open the next NBCC MFP application period November 1, 2014. To learn more about the NBCC MFP and its Fellows, please visit www.nbccf.org/mfp.

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abuse workforce serving children, adolescents and transitional-age youth. The funding provides over \$26 million to train 1,800 mental health professionals in 2014 and was available to accredited master's-level counseling programs. Grant applications were due in early June, and award notices will be released in the coming months.

NBCC had lobbied Congress and the Department of Health and Human Services (HHS) to include counselors in the BHWET for the past several years. Since 2011, the program has only funded social work and psychology programs. In FY 2014, the president's budget and congressional appropriations bills increased the funding for the program and expanded it to include counselors.

National Certified Counselors who are interested in advocating for the counseling profession and receiving more communications on government relations activities are encouraged to join the NBCC grassroots network. To sign up, send an e-mail to advocacy@nbcc.org with "Grassroots" in the subject line and your contact information with NCC ID in the text.

Giving Society Updates

NBCC Foundation Dedicates Dr. Lloyd A. Stone Pinnacle Society

“Dr. [Lloyd] Stone was an innovative and remarkable counselor educator, mentor, advocate, state legislator, husband, father, friend and so much more. I am honored to have had the opportunity to know and work with [him],” said former colleague Ann Miller at the dedication ceremony for the Dr. Lloyd A. Stone Pinnacle Society. The event was held at NBCC’s headquarters in Greensboro, North Carolina, in March. The NBCC Foundation established the Pinnacle Society to memorialize Dr. Stone’s enduring legacy of contributions to the counseling profession and recognize donors who make substantial investments in the counseling profession through the Foundation, with donations starting at \$50,000. The dedication ceremony included the unveiling of the Foundation’s “Giving Tree,” commemorating Pinnacle Society members. Several of Dr. Stone’s family and close friends attended the ceremony, along with Foundation trustees and ambassadors. Dr. Thomas Lovett, the Pinnacle Society’s first member, and Paul Nixon, the artist who created the tree, were also on hand to pay tribute.



(L to R) NBCC and Affiliates President and CEO Dr. Thomas Clawson, Ben Stone, John Stone, NBCC Foundation Board Chair Dr. Sue Fort White, Dr. Ann Miller, and NBCC Foundation Executive Director Sherry Allen

“[My] dad was a very proud man. He was proud of his family, his friends, his golf game, his career, his contributions to the counseling profession, and certainly his impact on the creation and launch of NBCC,” said John Stone, one of Dr. Stone’s three sons. The ceremony was an opportunity for John and his brother Ben to hear firsthand about their father’s contributions to the counseling profession that touched so many lives. “It was truly a life-changing event and one that would have made Mom and Dad very happy and, yes, proud.”



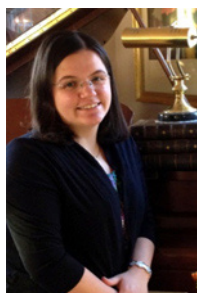
One of Dr. Stone’s many contributions to the counseling profession was the idea of national certification for counselors. At the dedication ceremony, Dr. Thomas Clawson, NBCC’s president and CEO, presented Dr. Stone’s sons with a copy of the hand-written contract that their father and Dr. Larry Loesch wrote together to create the first NBCC counselor certification examination, which was given on January 29, 1983.

“Lloyd represented . . . counseling impeccably and with humility, and he will forever be missed and remembered,” concluded Dr. Miller.

The Foundation’s “Giving Tree” recognizes Pinnacle Society members and was designed and created by artist Paul Nixon.

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NBCC Foundation Featured Volunteer Reviewers



Katherine Heimsch served as a volunteer reviewer for the NBCC Foundation's 2014 minority scholarship and 2014 NBCC Minority Fellowship Program (MFP) and is currently serving as a volunteer mentor for a 2014 rural scholarship recipient. Dr. Heimsch is a 2013 MFP Fellow

and graduated from Old Dominion University in May 2014 with a Ph.D. in counselor education and supervision. She holds Ed.S. and M.A. degrees in community counseling and a B.A. in psychology from Rider University. Dr. Heimsch is a licensed associate counselor in New Jersey and a National Certified Counselor (NCC).

Dr. Heimsch has served in many roles related to clinical mental health in New Jersey, Virginia and Colorado, and currently provides in-home and outpatient counseling services to children and families. Her research interests include children's suicidality, adoption issues, abuse and neglect, diagnosis, qualitative research, and multiculturalism in clinical supervision. Having earned her doctorate, she now looks forward to becoming a counselor educator; writing children's psychoeducational books; starting a family with her partner, Nathan; and raising a therapy dog. She resides in Westampton, New Jersey.

In speaking of her experience as a volunteer reviewer for the NBCC Foundation, Dr. Heimsch says: "The review process for NBCCF applicants was very user-friendly. I appreciated the online meeting format used for our training purposes. The task itself took a reasonable amount of time and was quite enjoyable. I appreciated sharing the insight of the applicants' worldviews. NBCCF has a powerful mission that clearly attracts motivated and dedicated counselors."



Stephen Sharp served as a volunteer reviewer for the NBCC Foundation's 2014 minority scholarship and the 2014 NBCC Minority Fellowship Program (MFP). He earned his B.S. in psychology from Utah State University and his master's degree and doctorate in human services

with a professional counseling specialization from Capella University. Dr. Sharp is one of the few master trainers who work with NBCC International to train new master trainers for the Mental Health Facilitator (MHF) program. As associate dean for the College of Social Sciences at University of Phoenix, he was instrumental in embedding the MHF curriculum in the university's undergraduate human services program.

Dr. Sharp has conducted numerous MHF trainings domestically and abroad, worked as a licensed mental health counselor in community agency and private settings, and served as a counselor educator and curriculum developer for University of Phoenix's clinical mental health counseling program. He lives with his wife, Moriel, in Scottsdale, Arizona, where they enjoy the year-round opportunity to ride their Harley Davidson Road King.

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Giving Society Updates

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